

截止報名日期 **Deadline for Registration 17 February 2023**

> 查詢電話 Enquiry 2599 6111

活動網頁 **Event Website**

www.commchest.org/ en/event/sportsformillions



18-3-2023 (星期六) 日期 上午8時-下午5時 時間

紀律部隊人員體育及康樂會 地點

18-3-2023 (Saturday) **DATE** 8:00am — 5:00pm TIME **Disciplined Services VENUE**

Sports and Recreation Club

、競賽詳情 Race Details

游泳 (4x 25米接力)

各隊派4名參賽者,男女比例不限,可以任何泳式作賽

Swimming (Relay 4 x 25M)

Each team will send 4 participants to join in any swim style (no restriction on the gender ratio)

乒乓球 (男女子單打)

- 1. 各隊可派1男及1女參賽
- 2. 賽事為單淘汰制,每場勝出者皆可晉級
- 3. 3局2勝制(每局為11分)

(暫定賽制,以最後報名參賽隊伍數目再作調整)

Table Tennis (Men and Women's Singles)

- 1. Each team will send 1 male and 1 female participants for the respective singles
- 2. Matches will be conducted on a single-elimnation basis, in which only the winners proceed to the next round
- 3. All matches will be the best of five games with each game played to 11 points (race format to be confirmed depending on no. of entries)

羽毛球 (男女子單打)

- 1. 各隊可派1男及1女參賽
- 2. 賽事為單淘汰制,每場勝出者皆可晉級
- 3. 3局2勝制(每局為15分)

(暫定賽制,以最後報名參賽隊伍數目再作調整)

Badminton (Men and Women's Singles)

- 1. Each team will send 1 male and 1 female participants for the respective singles
- 2. Matches will be conducted on a single-elimination basis, in which only the winners proceed to the next round
- 3. All matches will be the best of five games with each game played to 15 points (race format to be confirmed depending on no. of entries)

足球遊戲(足球九宮格)

各隊可派2位參賽者參與,參賽者向印有不同分數的 九宮格射門,累積分數最高的3隊為冠亞季軍。

Soccer Games

(9-Grid Goal Shooting Challenge)

Each team will send 2 participants to shoot towards a 9-grid goal where each grid will carry a different score. The 3 teams getting the highest accumulated scores will be awarded.

終極遊戲 Finale Game - Team Building

詳情將於稍後公佈 Game details will be announced later

公益金辦事處地址 Chest Office Address

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活動籌劃委員會 Event Organising Committee 聯席主席 Co-chairmen

孫道弘先生 邱詠筠太平紳士 Ms Winnie Chiu, JP Mr Stanley Sun 馮裕津先生 吳宗權太平紳士 Mr Stephen Fung Mr Douglas C K Woo, JP

辛葆璉女士 盛凱先生

Ms Aveline San Mr Jonathan Zeman

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